

## FATHER ANTON'S WORDS OF WISDOM: A MEDITATION ON THE PRAYER TO THE HOLY SPIRIT:



**"Heavenly King":** We are in awe of Your wonder O God. You are all loving and completely "other".

**"Spirit of Truth":** You sent Your Holy Spirit the 'Spirit of Truth' who enlightens our hearts and our minds. Enlighten us with Your truth.

**"Comforter":** In our times of vulnerability and trial You bring us comfort that we might know your peace.

**"Who are everywhere and fill all things":** There is nowhere that you cannot be found, for everything that breathes praises you. You reveal to us Jesus Christ our Lord, His love, His teaching, His peace, His forgiveness and His saving grace.

**"Treasury of good things":** in You is found all that is good, and all that is true, all that is worthy of praise. You fill my life that my joy may be complete.

**"Giver of Life":** without You, life is not possible, for Your loving energy is the reason for our existence.

You give life and You renew life, You are ever creating and re-creating.

**"Come dwell within us, and cleanse us of all the defiles us":** Holy Spirit; fill my life that I may know God, experience His love through Christ Jesus and be sustained by Your power. Take away from me anything that would prevent the experience of God's love from being complete. Take, receive, all that I am - my memory, understanding, my entire will. Give me only Your love and Your grace for that's enough for me.

**"And O Good One, save our souls":** May my soul be filled with your love and may Your power transform me so that that I may live life with You for all eternity." Amen.

Christ has fulfilled his promise, for God has sent to us the gift of the Holy Spirit. Let us be open to its call, receptive to its challenges, encouraged by its ability to sustain us in all situations, and let us rejoice in the experience of God's love!

**Happy Pentecost!** You are Church, You are God's children. You have been empowered to do great things through faith. You are the icon of Christ, the "living image" that can allow others to see and experience Him!