

**St. John The Theologian Catholic Church**  
**(Byzantine-Ukrainian Rite)**

91 Lakeshore Rd. St. Catharines, ON L2N 2T6  
web: [www.stjohnuc.com](http://www.stjohnuc.com) tel. (905) 937-3393  
e-mail: [stjohnukrainian@bellnet.ca](mailto:stjohnukrainian@bellnet.ca) fax: (905) 935-0881  
St. John's Kitchen tel. (905) 937-1616



Loving Father, So many times I turn away from you  
and always you welcome me back.

Your mercy and love gives me confidence  
Thank you for the invitation to share, fast and pray  
so that you can form a new heart within me.

Your powerful compassion for my weaknesses leads me to ask for mercy and await with  
great hope the Easter joy you share with us.

**Pastor: Rt. Rev. Msgr. Anton Szymychalski – Mitred Archpriest**  
**In retirement: Rev. Basil Kondusky**  
**Parish Secretary – Mrs. Chrystyna Tymczyszyn**

**Parish office is open Tuesday – Friday from 8:30 a.m.- 12:00 noon for  
phone calls only!**  
**No visitors please!**

**After hour EMERGENCIES ONLY please call (905) 327-3563**

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**Sunday Divine Liturgy will be livestreamed on our Facebook site (St. John Byzantine  
Ukrainian Church) every Sunday at 10 a.m.**

## March 7, 2021 – 3rd Sunday of Lent

Epistle: Heb. 1:10-2:3 Gospel Reading: Mk. 2:1-12

### DIVINE LITURGY SERVICES):

Sun. Mar. 7th: 10:00 a.m. Divine Liturgy – 3rd Sunday of Lent  
(live stream only)

Sun. Mar. 14th: 10:00 a.m. Divine Liturgy – 4th Sunday of Lent  
+Wasył & +Anna Yurenko and  
+Jane Rokicki Yurenko

### OFFERINGS:

Sunday Donations: Feb. 28th: \$760.00 Automatic debit donations: \$1,365.00

Church Donations: L. & W. Doig \$200.00; B. Mazur \$50.00; J. & M. Slobodian (in memory of +Stella Slobodian) \$100.00; M. & M. Bernyk (in memory of +Roman Borowyj) \$25.00 ; Ukrainian Canadian Social Services \$250.00

Church Donations in memory of +Paul Holubowsky: M. Holowachuk \$25.00; L. & D. Pfeffer \$50.00; E. Ternowski \$50.00; I. & I. McQueen \$200.00; B. Mazur \$50.00; G. & M. MacNaughton & family \$100.00; C. & C. Wozny \$50.00; M. & M. Bernyk \$25.00; D. Slonosky \$50.00; A. Slonosky \$50.00

**We are most grateful to all of you who have been donating for the support of the church.**

**God bless you and keep you in His loving care.**

### PLEASE PRAY FOR OUR SICK AND SHUT-IN:

Kateryna Dacko, Alexandra Matychuk, Lesia Melnyk, Olga Onyschuk, Stephania Zubatiuk, Bob French, Helen Brodoway, Rose Kondusky, Matteo Niickolai Grochowina-Totolo, Sharon Cybulak, Greg Kondusky, Heidi Walters, Fr. Basil Kondusky, Tena Wowchuck, Sharon Hudgen, Paula Kozachenko, Sawyer Christie, Phyllis Romak, Ricki Holubowsky, Walt Cybulak, Helen Kokotka, Fr. Walter & Mary Dacko, Nicole Demers, Ellen Ternowski & Colette Saranchuk .

*Lord, Jesus Christ, You who traveled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Give peace to the minds of those who are tortured by mental illness and anxiety. Comfort those who are alone in their illness. May Your people reach out to them and all who are in need this day. Send grace to the caregivers, that they might be effective and gentle agents of Your loving mercy. May our sufferings be united with Yours to bring healing to people throughout the world. Amen*

***THIS WEEK OUR SANCTUARY CANDLES BURN  
FOR GODS BLESSINGS AND GOOD HEALTH UPON ALL  
OUR PARISHIONERS AND THEIR FAMILIES***

**CITY OF ST. CATHARINES AS OF MARCH 1<sup>ST</sup> , IS IN THE RED – CONTROL :**

**Religious Services Gathering limits for religious services: 50 person capacity**

**Our Church is now open for Divine Liturgy and Lenten services.**

**We will continue to livestream our Divine Liturgy on Sundays at 10:00 a.m. and Lenten services through our Facebook page or our website page.**

We are excited to announce our St. John's Kitchen will be resuming production beginning the week of March 8<sup>th</sup>! We are under strict rules and limits as to how many people can be in the building to allow for a safe environment for everyone. If you are a volunteer and have not yet been contacted please call the parish office.

**Don't forget**, you can also sign up for the Automatic Debit Program for Sunday Donations. A simple, safe and easy way to support your parish! Please contact the parish office for more info.

**St. John's Weekly Envelopes 2021** are available for pick up in the church office or they can be picked up once services resume after the shut-down. If you would like to pick them up from the office, we ask that you please call ahead to book an appointment.

Please remember if you have an appointment to visit the parish office, you must wear a mask and go through our COVID screening before you can enter the office. We thank you in advance for your co-operation!

Holy Water is available for parishioners to take home. Please bring your own containers next week and Fr. Anton will fill them for you. The containers we ordered still have not coming in, but once they do, we can provide them for every parishioner who would like one.

**7-day Easter candles** – if you would like to purchase an Easter Candle for a special intention or in memory of a loved one, please submit your request to the parish office by March 26<sup>th</sup>. Candles are \$5 each and will be lit on Holy Thursday.

## **St. John Lenten Mission 2021**

A Lenten special mission is held by the Parish each year during Lent. It is an opportunity to set aside specific time to pray, meditate and reflect and most importantly, to do this as a parish community whether in person or via the internet. The mission is a time of renewal of our relationship with God and each other.

Join Fr. Anton Wednesday March 24<sup>th</sup> at 10:00 a.m.  
(followed by Sorokousty – Prayers for the deceased) and  
Friday March 26<sup>th</sup> at 10:00 a.m.  
(followed by Stations of the Cross).

Just a reminder, if you plan to attend in-person you must preregister through the parish office either by phone or email. Please arrive 15 minutes before to allow time for screening.

Doors will be locked once the Mission begins, so please arrive on-time!

**St. John Ukrainain Church**  
**Schedule of Lenten and Easter Services 2021**

<b><u>Sunday March 14<sup>th</sup>:</u></b>	10:00 a.m. – Divine Liturgy (Eng.)
<b><u>Wednesday March 17<sup>th</sup>:</u></b>	10:00 a.m. -Sorokousty - Prayers for deceased
<b><u>Friday March 19<sup>th</sup>:</u></b>	10:00 a.m. - Stations of the Cross
<b><u>Sunday March 21<sup>st</sup>:</u></b>	10:00 a.m. - Divine Liturgy
<b><u>Wednesday March 24<sup>th</sup>:</u></b>	10:00 a.m. - Lenten Mission with Sorokousty
<b><u>Friday March 26<sup>th</sup>:</u></b>	10:00 a.m. - Lenten Mission with Stations of the Cross
<b><u>Sunday March 28<sup>th</sup>:</u></b>	10:00 a.m. - Divine Liturgy
<b><u>Monday March 29<sup>th</sup>:</u></b>	7:00 p.m. - Forgiveness Vespers
<b><u>Wednesday March 31<sup>st</sup>:</u></b>	10:00 a.m. - Holy Wednesday - Mass of Anointing
<b><u>Thursday April 1<sup>st</sup>:</u></b> & washing	10:00 a.m. – Holy Thursday - Mass of the Last Supper of feet
<b><u>Friday April 2<sup>nd</sup>:</u></b> Shroud	3:00 p.m. - Good Friday Vespers with laying of the Holy 7:00 p.m. - Stations of the Cross
<b><u>Saturday April 3<sup>rd</sup>:</u></b> Removal of the Shroud	10:00 a.m. - Divine Liturgy at the Tomb of Christ 3:00 p.m. - Blessing of Easter baskets 4:00 p.m. - Blessing of Easter baskets
<b><u>Sunday April 4<sup>th</sup>:</u></b> & Eng.)	8:00 a.m. - Resurrection Matins & Divine Liturgy (Ukr. 10:30 a.m. - Easter Divine Liturgy (Eng.)
<b><u>Monday April 5<sup>th</sup>:</u></b>	10:00 a.m. - Bright Monday - Easter Divine Liturgy
<b><u>Tuesday April 6<sup>th</sup>:</u></b>	10:00 a.m. - Bright Tuesday - Easter Divine Liturgy

*Please note that you must pre-register to attend any of the services including Easter basket blessings by calling the parish office (905) 937-3393 or by email [stjohnukrainian@bellnet.ca](mailto:stjohnukrainian@bellnet.ca).  
Maximum church capacity is 50 people.*

*We ask that you arrive 15 minutes before services in order to allow ample time for screening.  
Doors will be locked after services begin, so please arrive on time.*

*Easter basket blessing will be held outdoors, weather permitting. In case of rain, basket blessing will take place in St. John Activity Centre.*

***Masks must be worn at all times!***

## **Lent 2021**

Lent has begun!! We commence our Lenten journey together as we rejoice in hope and renew our commitment to be faithful to the mission of Christ and the Church.

Lent isn't just about giving something up for a time. It's about giving of ourselves for the sake of getting closer to God. We need to give up certain vices to make extra time to communicate with our Savior. Through giving up something and giving more of ourselves to God is a wonderful opportunity to commune with God, but we can always take things a step further.

**Social media break** – lets face it, during this time of the pandemic it is too easy to have our phones in our hands or checking our Facebook page, posting something to Instagram or sending a tweet. Put down the phone and free yourself from the technology dependency.

**Stop the gossip** – Gossip is one of the best things to give up during lent and continue to give up for the rest of your life. It can be difficult to keep from spreading news, but the reality is that too many of us spread news we have no right to spread, or that is based on assumption rather than facts.

**Stop the criticism** – as with gossiping, criticizing others seems to have become socially acceptable, but it shouldn't be. For Lent this year, consider keeping your words in check. Recall the old adage: *If you don't have anything nice to say, don't say anything at all.*

**Take time to connect with your neighbour** - especially at this time, its easy to get in a rut and focus on just yourself. Try to make an effort to keep in touch with your family members and neighbours. Drop off some baking or a good book for them to read. Make a commitment to call one friend or family member a day. Not only will you make their day special, you will feel the benefit too.

**Count your blessings**– There is so much we fail to realize and appreciate in our lives. Take this simple 40 day challenge and write one of your blessings daily. At the end of Lent, sit down and reflect on the blessings that you have in your life.

**Get moving** - Spend time focusing on taking care of the body that God gave you. For Lent, commit to doing some kind of workout every single day. You can go on a walk, or even workout at home.

**Daily Prayer** – Take the time daily to quietly sit and mediate, pray and reflect. Prayer helps you be humbled. Through prayer we come to realize how large the world is and how minor our problems are compared to it. When praying for other people we tend to sympathize to others' problems rather than be

selfish. When praying positively, we tend to see a change in our overall attitude making us feel happy both mentally and socially.

*Take part in Lenten services* – Make an effort to watch our pre-recorded Sorokousty and Stations of the Cross. During Great Lent we are called to renew and strengthen our relationships with others (both living and dead) and with God. Sorokousty is a beautiful way to remind us that our Christian family reaches beyond our present time and space to encompass generations past as we remember all those who have gone before us. The Stations of the Cross helps us to discover and appreciate more and more the meaning of the suffering and death of Jesus Christ, and to unite our own earthly suffering with His.