

Lenten prayers for the departed (Sorokousty) will be held weekly during Lent. If you wish to include any names of any departed relatives in this year's services, please return an envelope marked "Sorokousty" with your list of names of the departed you wish to pray for. If you already have a list and have no new names to submit, please write "Same as last year" on your envelope when you return it. Special marked envelopes can be found in the church vestibule.

Stations of the Cross will also be part of the Lenten services. This is a popular devotion used by individuals who, through prayer and reflection wish to follow Jesus Christ on his way to Calvary. It is a wonderful way to pray and meditate to help deepen our understanding of the way of the Cross.

Please review the schedule below for service days and times.

Wed. Mar. 7<sup>th</sup> - 10:00 a.m. - Sorokousty

Fri. Mar. 9<sup>th</sup> - 7:00 p.m. - Stations of the Cross

Wed. Mar. 14<sup>th</sup> - 10:00 a.m. - Sorokousty with Stations of the Cross

Wed. Mar. 21<sup>st</sup> - 10:00 a.m. - Sorokousty

Fri. Mar. 23<sup>rd</sup> - 7:00 p.m. - Stations of the Cross

### Bows and Prostrations

When people are moved in other Christian traditions, they might sing, "Halleluiah," or shout "Amen," or drop to their knees in worship, or raise their hands in praise. In the same way, we use movement to express our praise, submission, and awe of God so that our bodies, minds, and souls are acting in unison.

We call these physical acts of prayer reverences or prostrations.



There are certain times in our prayers that express submission, so it is customary to make a reverence at those points. There are other times when an individual feels moved and makes a reverence out of personal devotion, uniting themselves more closely to a petition or prayer.

It is our custom to make a reverence at the beginning and the end of our services and also when the Trinity is invoked, making the Sign of the Cross and bowing from the waist. Outside of the divine services, we generally make a reverence when we begin a prayer, when entering and leaving a church, and when venerating icons and other sacred objects.

Our Lenten reverences consist of bowing from the waist or touching our heads to the ground symbolizing our submission of body and soul to God's will.

### ST. JOHN THE THEOLOGIAN CATHOLIC CHURCH (BYZANTINE-UKRAINIAN RITE)

91 Lakeshore Rd. St. Catharines, ON L2N 2T6  
web: [www.stjohnuc.com](http://www.stjohnuc.com) tel. (905) 937-3393  
e-mail: [stjohnukrainian@bellnet.ca](mailto:stjohnukrainian@bellnet.ca) fax: (905) 935-0881  
St. John's Kitchen tel. (905) 937-1616



Loving Father, So many times I turn away from you  
and always you welcome me back.

Your mercy and love gives me confidence  
Thank you for the invitation to share, fast and pray  
so that you can form a new heart within me.

Your powerful compassion for my weaknesses leads me to ask  
for mercy and await with great hope the Easter joy you share with us.

Pastor: Rt. Rev. Msgr. Anton Szymychalski - Mitred Archbishop

In retirement: Rev. Basil Kondusky

Parish Secretary - Mrs. Chrystyna Tymczyszyn

Parish office is open Tuesday - Friday from 8:30 a.m.- 12:00 noon  
after hour EMERGENCIES ONLY please call (905) 327-3563

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#### Divine Liturgy:

Saturday 4:15 p.m. (Eng.) Sunday 10:00 a.m. (Ukr. & Eng.)

Weekdays & Holy Days: see bulletin

#### Sacraments:

Confession - Before or after Liturgy; anytime by request

Baptism, Marriage - Please contact the parish office

March 4, 2018 - 3rd Sunday of Lent - Veneration of the Cross

Epistle: Heb. 4:14-5:6 Gospel Reading: Mk. 8:34-9:1

Reader: N. Palchuk (Ukr.) Next week: M. Chodoriwsky (Eng.)

**DIVINE LITURGY SERVICES:**

Wed. March 7th: 10:00 a.m. Sorokousty (prayers for the deceased)  
Fri. March 9th: 7:00 p.m. Stations of the Cross  
Sat. March 10th: 10:00 a.m. Divine Liturgy -+John Romak 40<sup>th</sup> day req. by the family  
4:15 p.m. Divine Liturgy (Eng.) - + Wasyl & +Anna Yurenko and  
+Jane Yurenko-Rokicki, req. by the family  
Sun. March 11th: 10:00 a.m. Divine Liturgy (Ukr. & Eng.)

*THIS WEEK OUR SANCTUARY CANDLES BURN FOR GOOD HEALTH AND GOD'S BLESSINGS  
UPON RICKI HOLUBOWSKY, REQUESTED BY BILL & MARY TRUSH.*

**OFFERINGS:**

Feb. 25th: \$1,442.00  
Development Donations: A. Lasko (in memory of +Sherman Lee) \$50.00;  
Roof Donations: E. Pelletier \$25.00; P. Rosewarne (in memory of +John Romak) \$50.00  
Development Donations in memory of +Terry Hrankowski: S. Ward \$20.00; B. & D. Gaeler \$20.00; H. & B. LaCombe \$25.00; A. Tanchok \$40.00; L. Melnyk \$20.00; B. & A. Walters \$20.00; S. Pawluk \$30.00; T. Rykovich \$20.00; B. & T. Oleksiw \$50.00; B. & M. Trush \$30.00; W. & C. Lastewka \$50.00; W. & P. Buckaway \$25.00; S. & G. Dominick \$25.00; W. & N. Matwijow \$25.00; D. & L. Osadec \$50.00; T. Kisluk \$20.00; O. Czerwoniak \$25.00; J. & O. Pryshlak \$50.00; M. & C. Dzugan \$30.00; M. & J. Hanysh 25.00; A. Korotash \$20.00; A. Moskal \$20.00; R. Domaradz \$20.00; S. Wowk \$25.00, A. Atamanuk \$40.00; M. Lewicki \$25.00  
Errors or omissions? Please call the office. - **THANK YOU!**

**PLEASE PRAY FOR OUR SICK AND SHUT-IN:**

Kateryna Dacko, Alexandra Matychuk, Becky Mussat, Lesia Melnyk, Olga Onyschuk, Stephania Zubatiuk, Fran Chayka, Helen Brodoway, Rose Kondusky, Matteo Niickolai Grochowina-Totolo, Sharon Cybulak, Josifa Cuipka, Greg Kondusky, Cecilia Osczypko, Alexandra Bucciarelli, Heidi Walters, Bob French, Fr. Basil Kondusky, Tena Wowchuck, Art Holowachuk, Jean Diggins, Sharon Hudgen, Paula Kozachenko, Sharon Dohan, Sawyer Christie, Bette Johnson, Val Runduns, John Hamm, Phyllis Romak, Ricki Holubowsky, Michalyna Juskiw, Pauline Halowski & Sophie Craig.  
*Lord, Jesus Christ, You who traveled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Give peace to the minds of those who are tortured by mental illness and anxiety. Comfort those who are alone in their illness. May Your people reach out to them and all who are in need this day. Send grace to the caregivers, that they might be effective and gentle agents of Your loving mercy. May our sufferings be united with Yours to bring healing to people throughout the world. Amen.*

**Announcements:**

**Choir Practice:** March 6th at 1 p.m. Practice will now be held every Tuesday until Easter.

PRIZES ARE NEEDED FOR BIGABUCKS (Apr. 14<sup>th</sup>). If you would like to donate a new item that can be used for our Big-A-Bucks raffle tables, please bring it into the parish office during the week. Only new items will be accepted and only prizes that are accompanied with a sales slip/receipt can be included towards your 2018 income tax receipt.

We are in urgent need of help Wednesday mornings with peeling & boiling of potatoes. If you are able to help with lifting pots, peeling or balling potatoes, please come out Wednesday mornings at 6 a.m. .

St. Patrick's Day Corned Beef and Cabbage Dinner featuring live music by Vox Violins - Friday March 16<sup>th</sup>. Tickets are \$20 per person and can be purchased through the parish office during the week.

**Big-A-Bucks** – Saturday April 14<sup>th</sup> – **Tickets are sold out!**

**Reminder to our parishioners to get your Easter supplies from the kitchen early! We will not be taking orders after March 1<sup>st</sup>, even if you are a parishioner!!! Purchase your food items now to avoid disappointment!**

St. George's Orthodox Church **Pysanka Bingo** – Wed. March 21<sup>st</sup>. Admission is \$10. Doors open at 6 p.m., games begin at 6:30 p.m. For table reservations please call (905) 892-8772.

St. George's Orthodox Church (4 Augusta Ave.) **Pysanka Workshop** – Sat. March 10<sup>th</sup> from 11 a.m. – 3 p.m. Come out to learn how to do pysanky! Cost is \$30 and includes all supplies needed to make your own egg and lunch. Please call Nadya at (905) 259-6171 to reserve your spot. Children 10yrs and under must be accompanied by an adult.

7-day Easter candles – if you would like to purchase an Easter Candle for a special intention or in memory of a loved one, please submit your request to the parish office by March 21st. Candles are \$5 each and will be lit on Holy Thursday.

Mark your calendars – **St. John's Palm Sunday Brunch** – March 25<sup>th</sup> after Sunday Liturgy. Admission at the door is \$10.

**Pysanka (Easter Egg) Bingo Games**

St. John's Activity Centre

Wed. March 7<sup>th</sup> Doors open at 6 p.m. games begin at 7 p.m.

Admission is \$10 and includes:

1 bingo card; refreshments at break time and a chance to win a door prize.  
We also will have a raffle and Easter breads, pyrohy and cabbage rolls for sale.

**Come out to support this wonderful fundraising event!**