

Lenten prayers for the departed (Sorokousty) will be held every Wednesday morning during Lent at 10:00 a.m. If you wish to include any names of any departed relatives in this year's services, please return an envelope marked "Sorokousty" with your list of names of the departed you wish to pray for. If you already have a list and have no new names to submit, please write "Same as last year" on your envelope when you return it.

Stations of the Cross will be every Friday at 7:00 p.m. during Lent. This is a popular devotion used by individuals who, through prayer and reflection wish to follow Jesus Christ on his way to Calvary. It is a wonderful way to pray and meditate to help deepen our understanding of the way of the Cross.

Please join us Wednesdays and Fridays for any or both services.

Bows and Prostrations

When people are moved in other Christian traditions, they might sing, "Halleluiah," or shout "Amen," or drop to their knees in worship, or raise their hands in praise. In the same way, we use movement to express our praise, submission, and awe of God so that our bodies, minds, and souls are acting in unison.

We call these physical acts of prayer reverences or prostrations.



There are certain times in our prayers that express submission, so it is customary to make a reverence at those points. There are other times when an individual feels moved and makes a reverence out of personal devotion, uniting themselves more closely to a petition or prayer.

It is our custom to make a reverence at the beginning and the end of our services and also when the Trinity is invoked, making the Sign of the Cross and bowing from the waist. Outside of the divine services, we generally make a reverence when we begin a prayer, when entering and leaving a church, and when venerating icons and other sacred objects.

Our Lenten reverences consist of bowing from the waist or touching our heads to the ground symbolizing our submission of body and soul to God's will.

ST. JOHN THE THEOLOGIAN CATHOLIC CHURCH **(BYZANTINE-UKRAINIAN RITE)**

91 Lakeshore Rd. St. Catharines, ON L2N 2T6
web: www.stjohnuc.com tel. (905) 937-3393
e-mail: stjohnukrainian@bellnet.ca fax: (905) 935-0881
St. John's Kitchen tel. (905) 937-1616

4th Sunday of Lent

Loving Father of mine, I feel the pace quicken, the time draw near.
I am filled with joy as I move toward Easter and the
promised reconciliation with you.

Teach me to follow the example of your Son, to be worthy of being called one his
people: a Christ-ian.

Help me to live each day as he did turning hatred to love and conflict to peace. I
await the new life with eagerness, faith and a deep gratitude.



Pastor: Rt. Rev. Msgr. Anton Szymychalski – Mitred Archbishop
In retirement: Rev. Basil Kondusky
Parish Secretary – Mrs. Chrystyna Tymczyszyn
Parish office is open Tuesday – Friday from 8:30 a.m.- 12:00 noon
after hour EMERGENCIES ONLY please call (905) 327-3563

Divine Liturgy:

Saturday 4:15 p.m. (Eng.)

Sunday 10:00 a.m. (Ukr. & Eng.)

Weekdays & Holy Days: see bulletin

Sacraments:

Confession – Before or after Liturgy; anytime by request

Baptism, Marriage – Please contact the parish office

Sacrament of the Sick, nursing home or hospital visit - Please call the office to request a visit. Due to strict regulations at hospitals and care homes, the individual, immediate family member or power of attorney must do requests.

March 26, 2017 - 4th Sunday of Lent

Epistle: Heb. 6:13-20 Gospel: Mk. 9:17-31

Reader J. Luciw (Ukr.) Next week: O. Czerwoniak (Eng.)

DIVINE LITURGY SERVICES:

Wednesday March 29th: 10:00 a.m. Sorokousty with Pre-Sanctified Gifts (Eng.)

Friday March 31st: 7:00 p.m. Stations of the Cross (Eng.)

Saturday April 1st: 4:15 p.m. Divine Liturgy (Eng.) +Patricia (Pat) Kuchar
Req. Olga Baraniuk

Sunday April 2nd: 10:00 a.m. Divine Liturgy (Ukr. & Eng.)

***THIS WEEK OUR SANCTUARY CANDLES BURN FOR
GOD'S BLESSINGS AND GOOD HEALTH UPON
ART & MARGARET HOLOWACHUK IN HONOUR OF THEIR 60th WEDDING ANNIVERSARY
REQUESTED BY PETER AND DORA HOLUBOWSKY.***

OFFERINGS:

March 19th: \$1,085.25

Outdoor Gardens: J.P. Baribeau & friends (in memory of +Nadia Storoschuk) \$150.00

Development Donations: M. Skaab & A. Wildman (in memory of +Paul Ternowski) \$100.00

Church Donation: O. Baraniuk (in memory of +Nadia Storoschuk) \$25.00;

T. & B. Hrankowski (in memory of +Paul Ternowski) \$25.00

Errors or omissions? Please call the office. - **THANK YOU!**

PLEASE PRAY FOR OUR SICK AND SHUT-IN:

Kateryna Dacko, Alexandra Matychuk, Becky Mussat, Lesia Melnyk, Olga Onyschuk, Stephania Zubatiuk, Fran Chayka, Helen Brodoway, Rose Kondusky, Matteo Niicolai Grochowina-Totolo, Sharon Cybulak, Josifa Cuipka, Greg Kondusky, Cecilia Osczytko, Alexandra Bucciarelli, Heidi Walters, Bob French, Fr. Basil Kondusky, Mary March, Tena Wowchuck, Art Holowachuk, Jean Diggins, Sharon Hudgen, Michael Kozachenko, Paula Kozachenko, Sharon Dohan, Sawyer Christie, Bette Johnson, Val Runduns, John Hamm, Phyllis & John Romak

Lord, Jesus Christ, You who traveled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Give peace to the minds of those who are tortured by mental illness and anxiety. Comfort those who are alone in their illness. May Your people reach out to them and all who are in need this day. Send grace to the caregivers, that they might be effective and gentle agents of Your loving mercy. May our sufferings be united with Yours to bring healing to people throughout the world. Amen.

PLEASE WISH THE FOLLOWING PARISHIONERS A HAPPY BIRTHDAY:

28th: Meagan Armstrong 29th: Anne Baranick, Erin Tymoszewicz

30th: Pauline Halowski, Tina Oleksiw, Geraldine Waud

31st: Samantha Belay, Marion Hanysh

Apr. 1st: Jackie Baraniuk, Romany Borowyj

God Grant Them Many Years! Mnohaya Lita!

Announcements:

Choir Practice – There will be no choir practice March 28th. Next practice will be April 4th at 7 p.m.

Help is needed on Monday morning at 9 a.m. to prepare beets and horseradish. If you are available for a few hours, please come to the kitchen that morning.

A very sincere thank you to Irene Boyes and Judy Holland and their many helpers who put on a very successful Pysanka Bingo. We had a great turnout and we had many happy bingo winners! Thank you to Diane Kusiak and Marlo Davidson for making the beautiful pysanky and to all those who donated raffle and door prize items. We raised \$2,400.00 from this event!

7-day Easter candles – if you would like to purchase an Easter Candle for a special intention or in memory of a loved one, please submit your request to the parish office by April 5th. Candles are \$5 each and will be lit on Holy Thursday.

Road Trip to Sault Ste. Marie to celebrate St. Mary's Church 100th Anniversary! Cost is \$175 per person (includes bus and banquet ticket). If you are interested in participating, we still have room on the Coach bus. Please call the parish office to add your name to the list. A deposit of \$100 will be needed. Accommodations must be booked by you at the Quattro Hotel (1-800-563-7262 or www.quattrossm.com) where a block of rooms have been reserved. Please reference "St. Mary's Centennial" when booking. This promises to be a great time of faith, fun and fellowship!

Big-A-Bucks 2017 will be held on Saturday April 1st. Doors open at 11:00 and the first draws will begin at 12:15 p.m. Tickets are sold out! Thank you to all those who have volunteered to help out that day and to those who have donated prizes.

Palm Sunday Breakfast – Sunday April 9th following Divine Liturgy. Admission is \$10 for adults and \$5 for children 6-12 yrs., children 6 and under are free. Please join us!

Community Events:

St. Georges Pysanka Bingo – Wed. March 29th at 6:30 p.m. at St. Georges Orthodox Church 4 Augusta Ave. Admission is \$10. Call Margaret (905) 892-8772 to book a table.

St. Georges Easter Bazaar – Sat. April 1st in their church hall, from 10:00 a.m. – 1 p.m.

St. Mary Church Easter Bazaar – 6248 Main St. Niagara Falls, Sat. April 1st from 10:00 a.m. – 1 p.m.

Sts Cyril & Methodius Easter Bazaar – Saturday April 8th in their church hall from 10:00 a.m. – 1 p.m.

"Women of Maidan" film screening - Ukr. Canadian Congress Niagara & Ukr. National Federation invite all to a screening of "Women of Maidan" a film of the women's life-supporting force, unity and courage during the 2013-2014 Ukrainian Revolution of Dignity at Sts. Cyril & Methodius Church hall, Sunday April 2nd at 2 p.m.. Film is in Ukrainian with English subtitles. Admission is \$15.

