

Giving Thanks For Summer

Father, Creator of all, thank You for summer!

Thank you for the warmth of the sun and the increased daylight.

Thank You for the beauty I see all around me

and for the opportunity to be outside and enjoy Your creation.

Thank You for the increased time I have to be with my friends and family,

and for the more casual pace of the summer season.

Draw me closer to You this summer.

Teach me how I can pray no matter where I am or what I am doing.

Warm my soul with the awareness of Your presence

and light my path with Your Word and Counsel.

As I enjoy Your creation, create in me

a pure heart and a hunger and a thirst for You.

- Author Unknown

Did you know that St. John's is one of the many charities that participates with Bingos held at Delta Bingo Hall, 124 Bunting Road.

Last year these bingos brought in \$16,392.71 for our parish!!

Our bingos are held 3 times a month, from the hours of 9:30 a.m. – 11:30 a.m. and 11:30 – 1:00 p.m. If you are able to volunteer for a few hours a month to help with bingos, please call the parish office. All volunteers are expected to do are tidy up tables and smile! Gone are the days of having to count cards or money! This is a very easy way of raising funds for our church, which help pay for the upkeep of our facility. New volunteers need to attend a short training workshop and will received a St. John's shirt!!

Thank you to all our bingo volunteers!



ST. JOHN THE THEOLOGIAN CATHOLIC CHURCH
(BYZANTINE-UKRAINIAN RITE)

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St. John's Kitchen tel. (905) 937-1616

4th Sunday after Pentecost



O God, You have taught us to keep all your commandments by loving You and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to You with our whole hearts and united to one another with pure affection.

Amen

Pastor: Rt. Rev. Msgr. Anton Szymychalski – Mitred Archbishop

In retirement: Rev. Basil Kondusky

Parish Secretary – Mrs. Chrystyna Tymczyszyn

Parish office is open Tuesday – Friday from 8:30 a.m.- 12:00 noon

after hour EMERGENCIES ONLY please call (905) 327-3563

Divine Liturgy:

Saturday 4:15 p.m. (Eng.) Sunday 10:00 a.m. (Ukr. & Eng.)

Weekdays & Holy Days: see bulletin

Sacraments:

Confession – Before or after Liturgy; anytime by request

Baptism, Marriage – Please contact the parish office

July 7th, 2019 – 4th Sunday after Pentecost

Epistle: Rm. 5:18-23 Gospel Reading Mt. 8:5-13
Reader Marta Skaab (Ukr.) Next week: O. Czerwoniak (Eng.)

DIVINE LITURGY SERVICES:

Sat. July 13th: 4:15 p.m. Divine Liturgy (Eng.) +Jenny Dominick
Req. Wolowacz family
Sun. July 14th: 10:00 a.m. Divine Liturgy (Ukr. & Eng.)

THIS WEEK OUR SANCTUARY CANDLES BURN FOR GOD'S BLESSINGS AND GOOD HEALTH UPON ALL THE SICK AND SHUT-IN OF OUR PARISH.

OFFERINGS:

COLLECTIONS WILL BE POSTED AFTER JULY 7TH

Errors or omissions? Please call the office. - *THANK YOU!*

PLEASE PRAY FOR OUR SICK AND SHUT-IN:

Kateryna Dacko, Alexandra Matychuk, Lesia Melnyk, Olga Onyschuk, Stephania Zubatiuk, Bob French Helen Brodoway, Rose Kondusky, Matteo Niickolai Grochowina-Totolo, Sharon Cybulak, Josifa Cuipka, Greg Kondusky, Alexandra Bucciarelli, Heidi Walters, Fr. Basil Kondusky, Tena Wowchuck, Jean Diggins, Sharon Hudgen, Paula Kozachenko, Sawyer Christie, Bette Johnson, Phyllis Romak, Ricki Holubowsky, Michalyna Juskiw, Sophie Craig, Walt Cybulak & Joseph Perrone.

Lord, Jesus Christ, You who traveled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Give peace to the minds of those who are tortured by mental illness and anxiety. Comfort those who are alone in their illness. May Your people reach out to them and all who are in need this day. Send grace to the caregivers, that they might be effective and gentle agents of Your loving mercy. May our sufferings be united with Yours to bring healing to people throughout the world. Amen

Congratulations to Alexis Millhiser Ryan Morin

who were united in Holy Matrimony on July 6th.

We wish you many God's blessings and Many Happy Years!

Mnohaya Lita!

Announcements:

The parish office will be closed until July 10th. Phone messages will be checked daily. In case of emergency only, Fr. Anton can be reached on his cell phone (905)327-3563

Store help needed! We are looking for people to help in our store for half-day shifts. If you are able to volunteer once a week or as an occasional substitute, please call the parish office. Past retail experience is an asset, but not necessary, we will train you!

Mark your calendars - Sts. Cyril & Methodius Golf Tournament will be held on September 7, 2019 at Niagara Falls Golf Club. Save the date!

Thank you to our **GREEN THUMBS** - Bill Trush and Mike & Christine Dzugan for all their time and effort in keeping our grounds beautifully manicured and weed free!! Our gardens look beautiful and tidy!

FOOD FOR THOSE IN NEED: Did you know that the food we collect in our bins in the church vestibule are donated to St. Vincent de Paul, a Catholic organization which cares for those who are in need. They operate out of St. Alfred's and serve the North End of the City. Please remember that hunger has no season. If you see a good sale, pick up a couple of extra items to help out. Food items can be brought to the Church at anytime and will be picked up on a regular basis. Jesus reminds us: "*When I was hungry you gave me to eat, when I was thirsty you gave me to drink; now enter into the home of my Father.*"

A reminder that the Kitchen is closed for a well deserved holiday from July 22nd until August 6th. During this time major cleaning and maintenance is done. Please take this opportunity to show your appreciation to those who work in the kitchen every week all year by helping out with the cleaning so they don't have to. There is something for everyone. There are sinks to be scrubbed, ovens and stoves to be cleaned and polished, freezers to be cleaned and defrosted, refrigerators to be cleaned out and washed, cupboards to be emptied and washed, and general clean up. Even an hour will make a difference. Please let Fr. Anton know if you are able to volunteer. **MANY HANDS MAKE WORK LIGHT! THIS IS EVERYONE'S PARISH.**

Interested in becoming a member of St. John's Church? Registration forms are available at the back of the church. Please fill it out and return it to the parish office so a set of envelopes can be issued to you.

Did you know that you can now sign up for Recurring Donations? We can arrange to have your donation automatically transferred from your bank account each week. Automatic giving is secure and convenient and can be arranged through the parish office.

Life tends to slow down in the summer, and the temptation toward laziness (especially in prayer) reaches an all-time high. While vacation presents us with a wonderful and much-needed time to refresh, we shouldn't let our relationship with God fall to the wayside. So, whether you find yourself at the beach or just hanging out poolside this summer, follow these 3 tips to keep your spiritual life from taking a vacation.

Keep it consistent

Pick a time each day you like to pray and stick to it, even if you're traveling. Maybe you like to pray while you brew your morning coffee, or while the kids nap. Praying at the same time each day helps cement the habit of prayer in your life, and that habit will carry you throughout the whole year.

Prioritize Mass

Getting to Mass while on vacation isn't always easy, but you should at least prioritize Mass on Sundays. When planning your trip, research nearby Catholic churches where you can fulfill your Sunday commitment.

Many parishes also offer weekday masses that can fit easily into your summer schedule, while still leaving time to enjoy time in the hammock or at a cookout with friends and family.

Add a spiritual read to your list

If reading at the beach is what you like to do, why not pick up a book that will help your spiritual life flourish? We can learn so much about the faith through writings from saints, theologians, and other holy men and women. Adding a spiritual book to your summer reading list edifies both your mind and your soul. It can foster a greater knowledge of God and can help deepen your relationship with Him.